Step 1

ExtentTo Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool

Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
The WellSAT School Assessment Tool

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

a. Our policy is compliant in all areas..
B. We name people responsible for implementation.
c. We address physical activity and nutrition targets specifically.

2. List opportunities for improvement in the wellness policy:

a. Nutrition standards for sold foods and beverages aren't specified.

b. Availability of free water in all of our facilities is not addressed.

c. Involving more community members in evaluation of Wellness Policy

3. As a result of the comparison, was new language adopted in the LWP?

No, notat this time.

Notes: Delete this text and briefly describe what was adopted. If possible, include the location/page numbers in the updated wellness for any new language.

4. Have the changes been approved by the board?

Yes
No

5. Describe the next steps for strengthening your LWP.

During our next evaluation consider policies pertaining to our opportunities for improvement that were noted above.

Skip & delete the following pages if utilizing the WellSAT tool to complete the model policy comparison.

Alliance for a Healthier Generation 10-step Checklist

According to 7 CFR 210.31(e)(2), all School Food Authorities (SFAs) are required to complete an assessment of their compliance with their local wellness policy (LWP) at least once every three years and make this assessment available to the public by posting assessment responses/documentation to your school/district/residential child care institution (RCCI) website.

The local wellness policy (LWP) triennial assessment must be completed by **June 30, 2026**. Non-compliance with this requirement will result in a hold of the SFAs Child Nutrition Program claims for reimbursement until this requirement is met.

The questions contained in this survey have been taken from the Alliance for a Healthier Generation's LWP assessment.

This survey outlines the ten required components of the LWP as defined by the USDA final rule of 2016. SFAs can use this checklist with Healthier Generation's Model Wellness Policy to revise/update their LWP to ensure that it meets federal requirements. Healthier Generation's Model Wellness Policy includes model language for the required components, as well as resources to support implementation.

Please provide your SFA's information and then select the rating that applies to your LWP for each of the 10 questions below.

The rating scale is:

2 = Current policy includes **all** required language for this component
1 = Current policy includes **some** of the required language for this component
0 = Current policy includes **none** of the required language for this component

Please provide your SFA's information in the space provided below.

School/District/RCCI name
Delete this text and type your response in this area....

Agency ID Number/Agreement Number (6 digits, no dashes)
Delete this text and type your response in this area....

Wellness policy contact name (first & last)
Erin Abbey, Shelia Sanford

Wellness policy contact email address
eriabbey@kearneycats.com: shesanford@kearneycats.com

1. The policy identifies one or more district/school/RCCI official(s) who have the authority and responsibility for ensuring that each site complies with the policy.

Rating
2

2. The policy includes language inviting parents, students, representatives of the school food authority (SFA), teachers of physical education, health professionals, the school/RCCI board, administrators, and the general public to participate in the development, implementation, review and update of the LWP.

Rating
2

3. The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.

Rating
2

4. The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:

- the extent to which the school(s) comply with LWP;
- the extent to which the LWP compares to model local wellness policies;
- the progress made in attaining the goals of the LWP

Rating
2.

5. The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in Schools nutrition standards.

Rating
2.

6. The policy includes standards for foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties or classroom snacks brought by parents).

Rating
2.

7. The policy includes specific goals for nutrition education and promotion activities.

Rating
2

8. The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.

Rating
2

9. The policy includes specific goals for physical activity opportunities.

Rating
2

10. The policy includes specific goals for other school-based activities that promote student wellness.

Rating
2

Discussion/Notes: We feel we have a strong Wellness Policy that addresses all required areas. We will continue to evaluate and improve the policy annually.

Step 2

Progress inReaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy

At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

Food and beverage marketing material in cafeterias promote healthy food and beverage choices

.Nutrition Education: The District will teach, model, encourage and support healthy eating by all students. The District will implement a curriculum that meets or exceeds the health and nutrition education objectives established by the Nebraska Department of Education.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School**:Followed established nutrition curriculum.
- **Middle School**:. Followed established nutrition curriculum.
- **High School**: Followed established nutrition curriculum.

---

2. Physical Activity Goal (REQUIRED)

Elementary students receive from 30-45 minutes of recess each day.

a. Was the goal met?

Partially -If we don't include PE classes this requirement is partially met.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School**: Lower grade levels meet the goal with planned recess some upper grade levels meet the goal with PE included in the calculation.
- **Middle School**: N/A
- **High School**: N/A

---

3. Other Student/School Wellness Goal (REQUIRED)

Additional sports opportunities are being offered at the middle and high school level as well as school gyms are open after school hours to area sports clubs.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School**: Area sports clubs use gymnasium space after school hours to promote healthy lifestyles to our students.
- **Middle School**: Area sports clubs use gymnasium space after school hours to promote healthy lifestyles to our students.
- **High School**: Our students have many sporting opportunities offered during each season.

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

Compliant

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

Partially Compliant (if checked, complete notes section below)

Notes: Guidance is given but is found to be difficult to enforce.

3. Food/Beverage Marketing and Advertising Standards

Compliant

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

Our Healthy Schools Advisory Board meets three times each year with a variety of community members included in the meeting.

Kearney Public Schools

320 W 24th ST
Kearney, NE 68845
(308) 698-8000

Aug 12, 2026

Kearney Public Schools take pride in supporting the needs of the whole child, and to ensure that all children are safe, supported, engaged, and challenged each school day. Research indicates that initiatives focused on improving aspects of students' well-being in schools — such as addressing childhood obesity, preventing bullying, supporting student's mental health, and restricting use of exclusionary discipline — have been found to be successful in improving student success and academic excellence. We have assessed our wellness policy as part of the USDA requirements. Below are the results of our assessment.

Step #1- Using the WellSAT evaluation tool we evaluated the Kearney Public Schools Wellness Policy. Overall our district is compliant. We have solid policies for the service of school lunches and breakfasts . We provide time for training of our employees so we are in compliance with regulation. The policy addresses nutrition education as it is integrated with subjects beyond health education. It also address physical education atnd activity opportunities that exist in our District. We have plans for employee wellness and the coordination of the Wellness Committee that are guided in our established policy.

Step #2- Physical Activity Goal
#1- Students will be given opportunities to engage in physical activities during the school day through daily recess periods, physical education courses, and the integration of physical activity into the academic curriculum. The goal is to provide all students with at least 60 minutes of active physical movement per day. -All schools are in compliance with this goal.

Physical Activity Goal #2- Students may be given opportunities for physical activity through a range of before and/or after school programs.- KPS has numerous clubs and sports teams that meet and exceed this goal.

Goal#3- The Kearney Public Schools will work with the Community to create an environment that is safe and supportive of students being physically active in their commute to and from school.- Kearney Public Schools works with KPD on bicycle and scooter safety.

Kearney Public Schools Wellness Committe needs to add language to the policy suporting the privacy of students who qualify for free and reduced meals . Currently such language is absent from the Wellness Policy.

The public was made aware of the results of this evaluation on the Kearny Public Schools Website and a the monthly meeting of the Board of Education in August of 2026.

If you have any questions, please contact: Jeff Schwartz: jefschwartz@kearneycats.com or Shelia Sanford: shesanford@kearneycats.com

Respectfully,

Administrator and/or Wellness Leader